



# LMC Connection



Vol. 7 Issue 1

Newsletter Date. March 2015

**2015**  
**LMC EVENTS**  
April 28  
Spring Conference  
Liberty Hall, Kimberly

Spring  
Collective Bargaining  
Workshop

May 5  
Spring Seminar  
UW-Stevens Point

July 23  
18th Annual  
Golf Outing  
Royal St. Patrick's

Oct. 7  
1st Annual Industrial  
Career Fair—Oshkosh

Oct. 20  
Fall Conference/  
Annual Meeting

### Platinum Members



## 42nd Annual LMC Spring Conference—Tuesday, April 28

Liberty Hall, Kimberly, WI

Registration 7:30 am / Conference 8am—3:00 pm

### Morning Agenda:

#### \*Millennial's and the Workforce

*Millennials expect to have six or more employers during their career and will make up 50% of the workforce by 2020. They prefer to communicate electronically vs. face to face. Plus they like a flexible schedule. How does the status quo mix with this new generation?*

**James M. Golembeski, Executive Director Bay Area Workforce Development Board**

#### \*Cultural Diversity in the Workplace

*There are many forms of diversity: lifestyle, ethnic, gender, communication, generation gaps, disabilities to name a few. How do you function as a manager, company, co-worker. Is there a easy solution?*

**Commissioners: Dan Van Wychen, Stephen Millen, Latonya Smith, FMCS**

#### \*Real Life

*Jim Ridderbush, UFCW Union representative at JBS, Green Bay, will discuss the communication challenges within the workplace.*

#### \*Medicare, understanding the Basics, learn your options

**Kelly Leist, VP/Operations, National Benefits Consultants, Inc.**

### Afternoon Agenda:

#### \*Nagging pain during Work-Play-Exercise.

*Dr. Joshua Dahlke, PT, DPT President / CEO Pinnacle Therapy Solutions, LLC*  
*Dr. Dahlke uses two natural techniques to help cure those aches and pains, ASTYM and dry needling. ASTYM is a revolutionary approach, whose intent is to bring about a natural healing process in the body, getting your body to restore and repair tissues (muscles, tendons, ligaments, scar tissue) damaged or changed by injury. Dry needling is used on those stubborn areas that aren't responding to typical physical therapy.*

#### \*Active Shooter Response in Workplace

*Are you prepared if a shooter wanders into your workplace. What are your options? Do you run, hide, or fight back?* **Captain Rudy Nyman, Acting Deputy Chief of Operations and Southern District Commander for the Appleton Police Dept.**

Raffle drawings 3:00pm

**EARLYBIRD RATE—\$85 before April 3 // After \$99**

register online [www.lmcouncil.org](http://www.lmcouncil.org) or  
contact LMC office (920-882-7712) email: [labormanagement@tds.net](mailto:labormanagement@tds.net)



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### Message from the Director,

On Tuesday, April 28<sup>th</sup> the LMC will hold its' 42<sup>nd</sup> Annual Spring Conference, the theme, "The Melting Pot at Work". As the baby boomer generation leaves the workplace the next generations of workers move in to take the reins. The Gen-xers and millennials are changing the workplace with social media, smart phones and vast technical skills. Generations and cultures are blending together at work, like a "Melting Pot".

The social hour of the past is now social media. Assembly, welding, and machining is now done robotically. Our work day was an eight to ten hour day with phone calls to the office, now, with technology, the work day is never ending with smart phones at our side.

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**Emeritus Members**

Gary Ruhl  
Ed DeRubis

Dan Van Wychen  
FMCS Board Advisor

Steve Kovalaske  
LMC Director

Member in the spotlight this month,

**MEMBER'S CORNER****WEAC Region 3**

is an organization engaged in advancing the education profession and strengthening public education in partnership with local communities. We advocate for education professionals and support personnel in public school and technical colleges throughout Northeastern Wisconsin.

We joined the Labor Management Council in order to – Further our mission of partnering with local communities and working with management to strengthen public education and advance the education profession.



*Continued from page 1.....* The global marketplace has changed the workplace in many ways. You no longer deal with vendors from across town or in a neighboring community; now, the vendors are around the globe. Time zones, company acronym's, and local customs are different with each vendor you work with. Adapting quickly to this "Melting Pot" of cultures' is a challenge for us each and every day.

Health is a concern that affects us at work, home, and play. At the Spring Conference, we will talk about keeping ourselves in shape and recovering from injuries that have temporarily sideline us from work and play. At the Winter Seminar, Tim Gierke, from the Social Security Administration explained several options for collecting social security benefits. At the Spring Conference, the discussion will be about understanding Medicare and our options.

A shooter within the walls of our work environment! We've read about it, watch it on the news, and wonder, could it happen here? How would you react? How should you react? Run for safety, hide and build a barricade, or, as a last resort fight for survival. These are all reasonably good actions, but which one is the correct action for the situation? Captain Rudy Nyman, Acting Deputy Chief of Operations and Southern District Commander for the Appleton Police Dept., will explain the proper procedures to take in the event of a shooter in your workplace.

The Spring Conference is approaching soon, sign up by April 3, to receive the early bird rate. You can contact the office (920-882-7712) for more information or visit our website [www.lmcouncil.org](http://www.lmcouncil.org) for more information. The LMC is ending out weekly reminders about the Spring Conference and you may sign up from the email, or by contacting me. I hope you and your friends will be able to join us on April 28, at Liberty Hall for the "The Melting Pot at Work".

*Steve*

***Flu fact or fiction: Test your knowledge about common misconceptions***

Contrary to popular belief, the "stomach flu" isn't really the flu at all. It's an uncomfortable condition called viral gastroenteritis, and aside from the obvious symptoms (vomiting and diarrhea) the one doctors worry about the most is dehydration. Start to rehydrate within 3-4 hours of feeling symptoms. Small sips are better than gulps. This condition is also very contagious. Frequent hand washing is an important precaution.

